



## Nurturing Parenting Programs

Visit [Family Development Resources](#) website.

### Sales and Materials

Family Development Resources, Inc.  
800-688-5822; [fdr@NurturingParenting.com](mailto:fdr@NurturingParenting.com)

### Training and Consulting

Family Nurturing Centers Int.™  
262-652-6501; [fnc@NurturingParenting.com](mailto:fnc@NurturingParenting.com)

### Assessments

Visit [Assessing Parenting](#) website.

### Research and Development

Visit [Nurturing Program Research](#) website.

Visit [Family Nurturing Center of Texas](#) website.

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### The Nurturing Parenting Programs®

meet and exceed



identified by the U.S. Government for the prevention and treatment of Child Abuse and Neglect.

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### What participants are saying ...

- "I really appreciated the experiential learning activities, engagement, and open-minded discussions for growth "
- "Being a visual learner, it really helps to see the shared material to put things into perspective."
- ". There were so many things that I learned and can bring back to my agency from this training. The interaction, the discussions, the participation were all so helpful. "



### Family Development Resources, Inc. Family Nurturing Centers International

Incorporated in 1983, Family Development Resources, Inc. (FDR) was established by **Dr. Stephen Bavolek**.

Sonya M. Thorn, LCSW is a social entrepreneur, community licensed Clinical Social Worker, and nationally recognized trainer and the executive director of the Family Nurturing Center of Texas. She is a recognized National Trainer/Consultant for Family Development Resources Inc. where she trains internationally. Ms. Thorn comes with a wealth of experience working with multiple university departments, school districts, and community partners on behalf of children, youth, families, and frontline staff. She has previously worked for Texas State University as an Adjunct Professor, Upward Bound program director, and program faculty. In her 12 years with Texas State University, she brought in over two million dollars of external grant funds to the University. She has directed and been responsible for the management of two large projects serving disenfranchised and vulnerable youth and families (Casa Esperanza-University Service Learning lab and Upward Bound).

Ms. Thorn has been a training faculty member for the Renaissance TRIO Project and the training director for Nosotros Education Center. She is the founder and owner of PRAXIS *with Integrity* Consulting PLLC, where she partners with non-profits, state, and government organizations to assess and evaluate systems of care for young children, youth, and families. She completed a project as an executive coach and program evaluator with Eva Longoria's nonprofit in San Antonio. She conducts professional development, training, and consulting to professionals in the areas of leadership, clinical and reflective supervision, equity and diversity, infant and early childhood mental health, parent education and family engagement, in-home family services, family and child assessment and early intervention. She is one of twenty-one Rockefeller Fellows who were asked to work for the Barat Education Foundation, where she participated in national university speaking engagements through a diversity forum with open discussions on critical social divides such as race, class, gender, social inequality, and injustices. She holds a BSW from Southwest Texas State, an MSW from Our Lady of the Lake University and is ABD in her PhD in the School of Business Leadership.

Sonya is married and lives in San Marcos, Texas. Her biggest accomplishments are her two sons, Alec and Aaron.

## Nurturing Parenting Programs®



**The Family Nurturing Center of Texas**

### Three-Day Training of Trainers Workshop

Presented by:  
Sonya Thorn, LCSW  
National Trainer/Consultant

**Dates:** December 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup>, 2019  
9:00 am to 4:00 pm

**Location:** Holiday Inn Austin Airport  
6711 East Ben White Blvd.  
Austin, Texas 78741  
Emily Astor 512.385.8400

**Contact:** Sonya M. Thorn, LCSW  
[sonya@texasnurturing.org](mailto:sonya@texasnurturing.org)  
512.216.6012 or 512.757.0087

**Cost:** \$495 (including training materials)

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**PLEASE BRING A FOLDER CONTAINING  
ALL OF YOUR COMPLETED TRAINING  
REQUIREMENTS !!!!!**

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The Nurturing Programs are family-based programs with a proven track record of preventing, intervening and treating the recurrence of child abuse and neglect. Four levels of Nurturing Programs address the specific needs of different populations:

### Primary/Prevention-Education

Programs are designed to empower individuals and families with new knowledge, beliefs, strategies and skills to make good and healthy lifestyle choices.

### Secondary/Prevention-Intervention

Programs are designed for at-risk youth, teen parents, and families experiencing mild to moderate levels of individual and family dysfunction.

### Tertiary/Prevention-Treatment

Programs are designed for families referred by Social Services or other high-needs families for child abuse and neglect and/or family dysfunction.

### Comprehensive

Programs are designed for agencies to offer long term, more comprehensive services.

### Adult-Adolescent Parenting Inventory (AAPI-2)

The AAPI-2 has proven invaluable in assessing attitudes and beliefs of parents and adolescents and provides scores that profile parents at risk for abusing and neglecting children. Forms are available in English and Spanish. For more information, please visit [www.aapionline.com](http://www.aapionline.com).

### Three-Day Training of Trainers Workshop Agency/Organizational & State Trainers

This workshop is for *experienced facilitators of the Nurturing Parenting Programs* who would like to train facilitators. The agenda includes...

- The Nurturing Parenting Program philosophy, values, structure, and validation.
- Review of current programs and materials and learn how to effectively fit diverse client needs to appropriate service model and curricula.
- Current information on research and findings in the fields of parent education, child abuse and neglect, and cultural parenting issues and how to successfully incorporate the Nurturing Parenting Programs into grant and funding opportunities.
- Review of current Best Practices in multiple fields of service and systems of care.
- How to conduct Facilitator Trainings to a diverse audience.
- How to monitor the fidelity of Nurturing Parenting Programs.



Register online at:  
<https://texasnurturingcenter.org>

**Dates:** December 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup>, 2019  
9:00 am to 4:00 pm

**Deadline:** Friday, November 29<sup>th</sup>, 2019

**Location:** Holiday Inn Austin Airport  
6711 East Ben White Blvd.  
Austin, Texas 78741  
Emily Astor 512.385.8400

**Cost:** \$495 (includes training materials)  
Implementation Curricula and Online  
Assessment sold separately.

Request "Family Nurturing Center Block" and reserve hotel rooms 30 days before the training to receive room and breakfast for \$139.00. Must book directly with hotel to get this rate.

Training is from 9:00 a.m. to 4:00 p.m. daily. Morning and afternoon breaks will be provided. Lunch is on your own. Hotel reservations and meals are the responsibility of the participant.



### Agency/Organization Trainer Requirements

Successful completion of a 3-day Nurturing Program Facilitator Training conducted by a *Recognized Lead National Trainer/Consultant* followed by:

- Minimum three years' experience as facilitator and experience facilitating at least two Nurturing Parenting Programs as written for the complete number of sessions (Full Fidelity).
- Expertise in the philosophy and goals of Nurturing Parenting as demonstrated by successful group or home-based implementation of the programs;
- Expertise in and administration of the Adult-Adolescent Parenting Inventory (AAPI-2) and other assessments and inventories of the Nurturing Parenting Programs;
- A letter from your supervisor attesting to your success as a trainer within your designated agency and attesting to your facilitation of the listed NPP Curricula.

### National Trainer/Consultant Requirements

Successful completion of a 3-day Nurturing Program Facilitator Training conducted by a *Recognized Lead National Trainer/Consultant (bring to the training to give to the trainer)* followed by:

- Minimum five years' experience implementing two or more of the Nurturing Parenting Programs (Tertiary or Comprehensive) as written for the complete number of sessions (Full Fidelity). (**Proof required.**)
- Expertise in the philosophy and goals of Nurturing Parenting as demonstrated by successful group or home-based implementation of the programs (**observed in the training.**)
- Expertise in and administration of the Adult-Adolescent Parenting Inventory (AAPI-2) and other assessments (NSCS and PARTI) and inventories of the Nurturing Parenting Programs (**observed in the training.**)
- **Two letters** of recommendation attesting to your success facilitating the program and your abilities as a trainer, one letter being from your supervisor attesting to your success as a trainer at your agency and facilitation experience of the Tertiary or Comprehensive Curricula. (**Bring to the training.**)

**Recognition of State and Agency/Organization Trainers is granted upon 1) successful completion of the training based on the recommendation of the trainer; 2) submittal of a St Trainer/Consultant application with subsequent approval by Family Development Resources, Inc. and 3) other criteria as outlined in the application.**