

Nurturing Parenting Programs have been reviewed and awarded with high scores in the National Registry of **Evidence-based Programs and Practices**.

**Family Development Resources, Inc.**

**Family Nurturing Centers International**

Incorporated in 1983, Family Development Resources, Inc. (FDR) was established by **Dr. Stephen Bavolek**

**Sonya M. Thorn**, LCSW, & PhD Leadership Candidate (OLLU School of Business)

Ms. Thorn is a Social Entrepreneur, Community Clinical Social Worker and she was an Adjunct Professor at Texas State University for 12 years. In her 12 years with Texas State University she garnered over two million dollars of external grant funds while she directed and managed two large projects (Casa Esperanza-University Service Learning lab and Upward Bound). Sonya is the Founder and Owner of Praxis with Integrity Consulting PLLC where she conducts training and consulting to professionals in the areas of no-profit leadership, reflective clinical supervision, infant and early childhood mental health, parent education, in-home family services, family and child assessment, Early Intervention, and many other program development, family strengthening and child welfare topics. Sonya is a member of Leadership San Marcos Class 2007, and in 1999 she was the recipient of the T. Berry Brazelton Infant Mental Health Special Recognition Award for Texas. She is a recognized National Trainer/Consultant for Family Development Resources Inc. where she trains nationally and internationally (Bermuda Department of Child and Family Services). Sonya comes with a wealth of experience working with community agencies, multiple university departments, and school districts on behalf of families and frontline staff. Sonya has a long history of training with Texas Early Childhood Intervention, PSTI, Kronkosky Foundation and San Antonio United Way. She is one of twenty-one Rockefeller Fellows working for the Barat Education Foundation, where she participates in national university speaking engagements through a diversity forum with open discussions on critical social divides such as race, class, gender, social inequality and injustices. Sonya's biggest accomplishments are her two sons, Alec and Aaron.

For information on upcoming Workshops in the Nurturing Parenting Programs®, visit the Training Calendar on our website at [www.nurturingparenting.com](http://www.nurturingparenting.com).

**Sonya M. Thorn**  
**9400 Sydney Marilyn Lane**  
**Austin, Texas 78748**

# Nurturing Parenting Programs®

## 3-Day Training of Trainers Workshop

with  
**Sonya M. Thorn**  
National Trainer/Consultant  
512-757-0087



**Dates:** December 12<sup>th</sup>, 13<sup>th</sup>, 14<sup>th</sup>, 2018  
9:00 am to 4:00 pm

**Location:** Holiday Inn Austin Airport  
6711 East Ben White Blvd.  
Austin, Texas 78744  
Emily Astor: (512) 385-8400

**Cost:** \$495.00 (includes training materials)

**Local Contact:** Sonya Thorn, (512) 757-0087  
or [sonyam.thorn@gmail.com](mailto:sonyam.thorn@gmail.com)

Training will begin at 9:00 a.m. every morning and  
end at 4:00 p.m. every afternoon.

Morning and afternoon breaks will be provided.  
Lunch is on your own.

Hotel reservations and meals are the responsibility of the  
participant.

## The Nurturing Parenting Programs®

The Nurturing Parenting Programs are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect.

Four levels of Nurturing Programs address the specific needs of different populations:

### PRIMARY

**Prevention-Education** Programs are designed to empower individuals and families with new knowledge, beliefs, strategies and skills to make good and healthy lifestyle choices.

### SECONDARY

**Prevention-Intervention** Programs are designed for at-risk youth, teen parents, and families experiencing mild to moderate levels of individual and family dysfunction.

### TERTIARY

**Prevention-Treatment** Programs are designed for families referred for parenting education by Social Services/Mental Health for child abuse and neglect and/or family dysfunction.

**COMPREHENSIVE** Programs are designed for agencies to offer long term, more comprehensive parenting education.

## Adult-Adolescent Parenting Inventory (AAPI-2)

The AAPI-2 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting, the AAPI provide scores that profile parents at risk for abusing and neglecting children. Now available on CD-ROM and on the Internet at [www.aapionline.com](http://www.aapionline.com).

## Three-Day Training of Trainers

### Criteria for Organization TOT Requirements:

Successful completion of a 3 day Nurturing Program Facilitator Training conducted by a *Recognized Trainer/Consultant* followed by:

- A minimum of five (5) years experience as a trainer and experience facilitating Nurturing Parenting Programs as written for the complete number of sessions.
- Expertise in the philosophy and goals of Nurturing Parenting as demonstrated by successful group or home-based implementation of the programs;
- Expertise in the Adult-Adolescent Parenting Inventory (AAPI-2) and other assessments and inventories of the Nurturing Programs;
- A letter from your supervisor attesting to your success as a trainer within your designated agency.

## Registration Form Training of Trainers Workshop

**Return this form along with registration fee payable to:**

PRAXIS WITH INTEGRITY CONSULTING  
Sonya M. Thorn, LCSW  
5712 Trelawney Lane  
Austin Texas 78739  
Phone: (512) 757-0087  
Fax: (512) 428- 5700  
E-mail: [sonyam.thorn@gmail.com](mailto:sonyam.thorn@gmail.com)

**Registration Deadline:**  
**December 7<sup>th</sup>, 2018 (e-mail for availability)**

\_\_\_\_\_  
Name (as you want it on certificate)

\_\_\_\_\_  
Agency

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State, Zip

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Organization: \_\_\_\_\_

State: \_\_\_\_\_

NATIONAL TRAINER

### **REGISTER AND PAY ON LINE:**

\_\_\_\_\_ \$495.00 for 3 days

[www.texasnurturingcenter.org](http://www.texasnurturingcenter.org)

**PLEASE BRING FOLDER WITH ALL  
YOUR TOT REQUIREMENT  
INFORMATION TO THE TRAINING!!!!**

## Three-Day State and Organizational Training of Trainers Workshop

This is a workshop for *experienced facilitators of the Nurturing Parenting Programs* who would like to train facilitators. The agenda includes...

- The Nurturing Parenting Program philosophy, values, structure, and validation.
- Review of current programs and materials and how to effectively utilize them to fit agency needs and client populations including practical applications of group processes and dynamics; training styles, activities, use of A/V materials; and assessment and program evaluation strategies (including the Adult-Adolescent Parenting Inventory (AAPI-2)).
- Current information on research and findings in the fields of parent education, child abuse and neglect, and cultural parenting issues and how to successfully incorporate the Programs into grant and funding opportunities.
- How to conduct Facilitator Trainings.
- How to monitor the fidelity of Nurturing Parenting Programs

### **Criteria for National TOT Requirements:**

Successful completion of a 3 day Nurturing Program Facilitator Training conducted by a *Recognized Trainer/Consultant* (**bring to the training to give to the trainer**) followed by:

- A **minimum** of five (5) years experience implementing one or more of the Nurturing Parenting Programs as written for the complete number of sessions. **Proof of this is on your facilitator certificate.**
- Expertise in the philosophy and goals of Nurturing Parenting as demonstrated by successful group or home-based implementation of the programs, **as observed in the training.**
- Expertise in the Adult-Adolescent Parenting Inventory (AAPI-2) and other assessments and inventories of the Nurturing Programs **as observed in the training.**
- **Two letters** of recommendation attesting to your success facilitating the program and your abilities as a trainer. **Bring to the training to give to trainer.**

**Recognition of National and Organization TOT is granted upon 1) successful completion of the training based on the recommendation of the trainer; 2) submittal of a Trainer/Consultant application with subsequent approved by Family Development Resources, Inc. and 3) other criteria as outlined in the application.**